

# **HOW TO APPLY THE MULTIPHASE OPTIMIZATION STRATEGY (MOST) IN YOUR INTERVENTION DEVELOPMENT RESEARCH**

## **Module 3 Introduction to the optimization trial**

### **Lesson 2: Introduction to the factorial experiment**



**NYU**

**SCHOOL OF GLOBAL  
PUBLIC HEALTH**

**Intervention Optimization Initiative**

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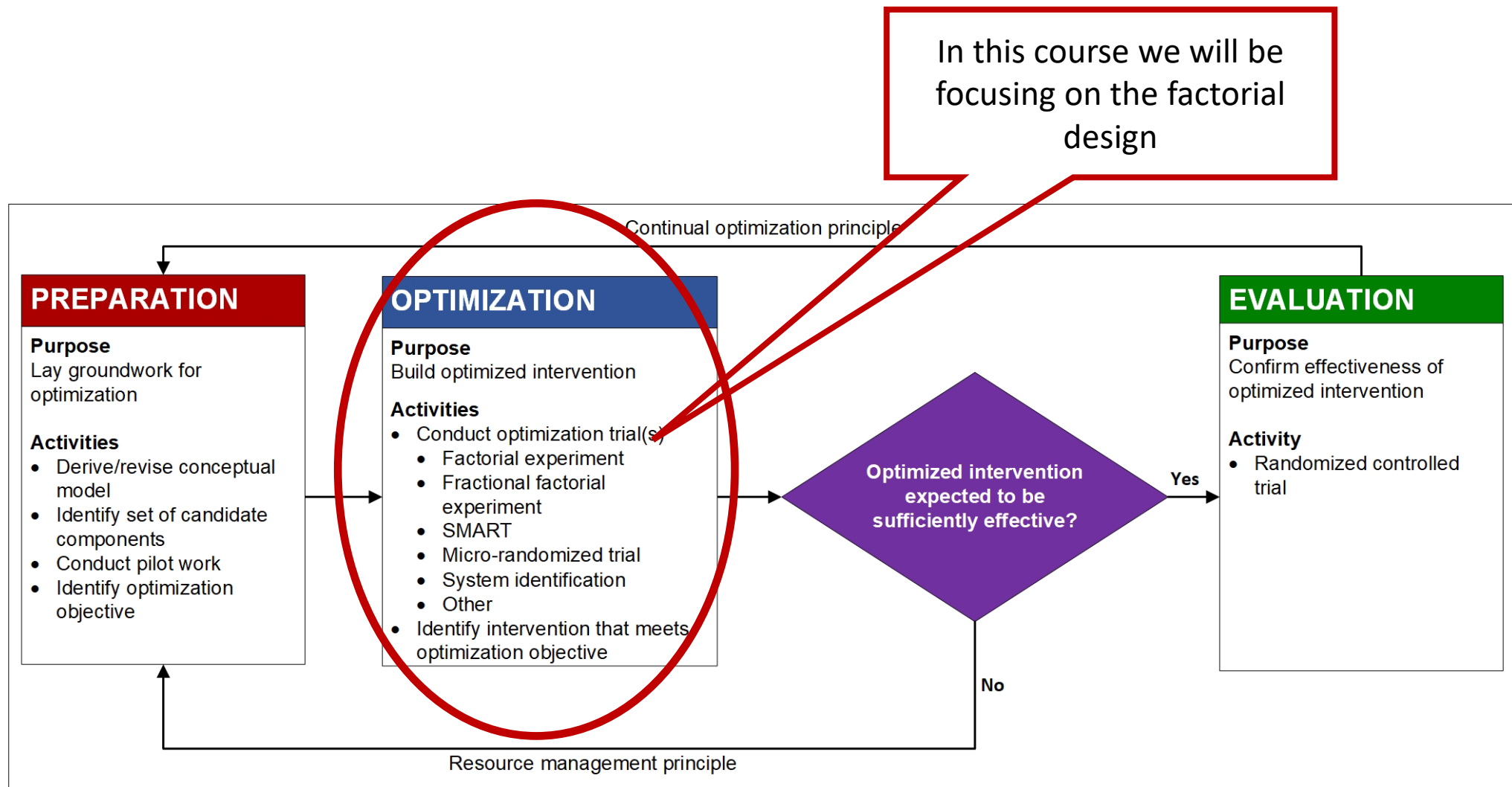
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# In the previous lesson you learned how to:

- Recognize the importance of basing the selection of an optimization trial design on the resource management principle.





**Flow chart of the three phases of the multiphase optimization strategy (MOST). Rectangle = action. Diamond = decision.**

Figure adapted from Collins (2018)

# **In this lesson you will learn how to:**

- Describe the factorial experiment and what it is intended to estimate: main effects and interactions.
- Recognize that coding can have implications for interpretation of results.

# The factorial experiment: A brief review

- Some people refer to factorial experiments as “MOST designs.” THIS IS INCORRECT.
- PLEASE DO NOT DO THAT.

# The factorial experiment: A brief review

- Factorial experiments have a long and distinguished history.
- They were first used in the 19<sup>th</sup> century in agriculture
- R. A. Fisher created the factorial Analysis of Variance (ANOVA), a method of analyzing the data from a factorial experiment

# The factorial experiment: A brief review

- In a factorial experiment, several independent variables are manipulated in a coordinated fashion
  - These independent variables are called factors
- Ideally, there are equal numbers of participants in each experimental condition



# The factorial experiment: A brief review

- Example:  $2 \times 2$ , or  $2^2$ , factorial design

Factor <i>B</i>	Factor <i>A</i>	
	No	Yes
No	$A, B = \text{no}$	$A = \text{yes}, B = \text{no}$
Yes	$A = \text{no}, B = \text{yes}$	$A, B = \text{yes}$

# The factorial experiment: A brief review

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Yes	$A = \text{no}, B = \text{yes}$	$A, B = \text{yes}$

- Main effect of Factor *A*: Mean of conditions where Factor *A* = yes MINUS mean of conditions where Factor *A* = no

# The factorial experiment: A brief review

- Example:  $2 \times 2$ , or  $2^2$ , factorial design

Factor <i>B</i>	Factor <i>A</i>	
	No	Yes
No	<i>A, B</i> = no	<i>A</i> = yes, <i>B</i> = no
Yes	<i>A</i> = no, <i>B</i> = yes	<i>A, B</i> = yes

- Main effect of Factor *B*: Mean of conditions where Factor *B* = yes MINUS mean of conditions where Factor *B* = no

# The factorial experiment: A brief review

- Example:  $2 \times 2$ , or  $2^2$ , factorial design

Factor <i>B</i>	Factor <i>A</i>	
	No	Yes
No	$A, B = \text{no}$	$A = \text{yes}, B = \text{no}$
Yes	$A = \text{no}, B = \text{yes}$	$A, B = \text{yes}$

- Factorial experiments may have
  - $> 2$  factors
  - $> 2$  levels/factor

# We will usually use a tabular representation of factorial experiments

Factor A		Factor B	Experimental condition	Factor A	Factor B	Outcome
No	Yes					
No	$A, B = \text{no}$	$A = \text{yes}, B = \text{no}$	1	No	No	$\bar{Y}_1$
Yes	$A = \text{no}, B = \text{yes}$	$A, B = \text{yes}$	2	No	Yes	$\bar{Y}_2$
			3	Yes	No	$\bar{Y}_3$
			4	Yes	Yes	$\bar{Y}_4$

# The factorial experiment: Notation

- $2 \times 2$  = two factors, each with two levels =  $2^2$
- $2 \times 2 \times 3$  = three factors, two with two levels and one with three levels =  $2^2 \times 3$  or  $2^2 3$

# The factorial experiment: Notation

- $2 \times 3$  = one factor with two levels and one factor with three levels.
- $2 \times 2 \times 2$  = three factors, each with two levels =  $2^3$ . THIS IS **NOT** A  $2 \times 3$ !

**This is a  $2^3$  or  $2 \times 2 \times 2$  factorial design.**  
**It has 3 factors, each with 2 levels.**

Experimental condition	Factor A	Factor B	Factor C	Outcome
1	No	No	No	$\bar{Y}_1$
2	No	No	No	$\bar{Y}_2$
3	No	No	Yes	$\bar{Y}_3$
4	No	No	Yes	$\bar{Y}_4$
5	No	Yes	No	$\bar{Y}_5$
6	No	Yes	No	$\bar{Y}_6$
7	No	Yes	Yes	$\bar{Y}_7$
8	No	Yes	Yes	$\bar{Y}_8$

**This is a  $2 \times 3$  factorial design.**  
**It has 2 factors, one with 2 levels and one with 3 levels.**

Experimental condition	Factor A	Factor B	Outcome
1	No	No	$\bar{Y}_1$
2	No	Medium	$\bar{Y}_2$
3	No	High	$\bar{Y}_3$
4	Yes	No	$\bar{Y}_4$
5	Yes	Medium	$\bar{Y}_5$
6	Yes	High	$\bar{Y}_6$



# The factorial experiment: Notation

- In this course we will focus on experiments in which all  $k$  factors have 2 levels
- These are referred to as  $2^k$  experiments

# Main effect of Factor A

Experimental condition	Factor A	Factor B	Outcome
1	No	No	$\bar{Y}_1$
2	No	Yes	$\bar{Y}_2$
3	Yes	No	$\bar{Y}_3$
4	Yes	Yes	$\bar{Y}_4$

Main effect of A = mean of  $(\bar{Y}_3 + \bar{Y}_4)$  – mean of  $(\bar{Y}_1 + \bar{Y}_2)$

Interpretation: Effect of Factor A averaged across levels of Factor B

# Main effect of Factor *B*

Experimental condition	Factor <i>A</i>	Factor <i>B</i>	<i>Outcome</i>
1	No	No	$\bar{Y}_1$
2	No	Yes	$\bar{Y}_2$
3	Yes	No	$\bar{Y}_3$
4	Yes	Yes	$\bar{Y}_4$

Main effect of *B* = mean of ( $\bar{Y}_2 + \bar{Y}_4$ ) – mean of ( $\bar{Y}_1 + \bar{Y}_3$ )

Interpretation: Effect of Factor *B* averaged across levels of Factor *A*

# Interaction involving Factor *A* and Factor *B*

Experimental condition	Factor <i>A</i>	Factor <i>B</i>	<i>Outcome</i>
1	No	No	$\bar{Y}_1$
2	No	Yes	$\bar{Y}_2$
3	Yes	No	$\bar{Y}_3$
4	Yes	Yes	$\bar{Y}_4$

$$A \times B \text{ interaction} = [(\bar{Y}_4 - \bar{Y}_3) - (\bar{Y}_2 - \bar{Y}_1)]/2$$

Interpretation: Difference in the effect of Factor *B* across the levels of Factor *A*

# Or equivalently:

Experimental condition	Factor A	Factor B	Outcome
1	No	No	$\bar{Y}_1$
2	No	Yes	$\bar{Y}_2$
3	Yes	No	$\bar{Y}_3$
4	Yes	Yes	$\bar{Y}_4$

$$A \times B \text{ interaction} = [(\bar{Y}_4 - \bar{Y}_2) - (\bar{Y}_3 - \bar{Y}_1)]/2$$

Interpretation: Difference in the effect of Factor A across the levels of Factor B

# How does this relate to intervention optimization?

- Each factor in a factorial experiment can be used to evaluate the performance of a component

# Coding matters in interpretation of effects

- Coding refers to how the levels of a factor are represented numerically in data analysis
- In this course we are using effect coding.
  - Where a factor has two levels: -1, 1
- You may be more accustomed to dummy coding
  - Where a factor has two levels: 0, 1

# Coding matters in interpretation of effects

- In a factorial ANOVA, the effect estimates are generally NOT THE SAME across the two types of coding
  - Although the overall fit is the same
  - i.e., omnibus  $F$ 's are identical



# Coding matters in interpretation of effects

- Effect-coded main effects and interactions should be interpreted as we have described here
- Dummy-coded main effects and interactions generally SHOULD NOT be interpreted as we have described here

# Two points about effect coding: #1

- In a properly conducted factorial experiment, effect coding produces main effect and interaction estimates that are all uncorrelated if *ns* are equal across experimental conditions
  - If *ns* are unequal, they will usually be only modestly correlated
- By contrast, with dummy coding effects are usually highly correlated

# Two points about effect coding: #1

- This is explained further in Section 3.11.2 of Collins (2018)
- It is explained in detail in Kugler, Dziak, & Trail (2018)

## Two points about effect coding: #2

- In a properly conducted  $2^k$  factorial experiment with equal  $ns$ , the standard errors are identical for all effect estimates
- This applies to main effects and interactions up to the  $k$ -way interaction

# **In this lesson you learned how to:**

- Describe the factorial experiment and what it is intended to estimate: main effects and interactions
- Recognize that coding can have implications for interpretation of results

# In the next lesson you will learn how to:

- Express the fundamental differences between the logical underpinnings of an RCT and those of a factorial experiment
- Explain why the factorial experiment usually requires many fewer experimental participants than alternative designs



# References cited

- Collins, L.M. (2018). *Optimization of behavioral, biobehavioral, and biomedical interventions: The multiphase optimization strategy (MOST)*. New York: Springer.
- Collins, L.M., & Kugler, K.C. (2018). *Optimization of behavioral, biobehavioral, and biomedical interventions: Advanced topics*. New York: Springer.

