

HOW TO APPLY THE MULTIPHASE OPTIMIZATION STRATEGY (MOST) IN YOUR INTERVENTION DEVELOPMENT RESEARCH

Module 2
**The preparation phase: Laying the foundation for successful
optimization**

Lesson 8: Review of Module 2



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Intervention Optimization Initiative

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- This lesson will review what you have learned in Module 2 and how it relates to course learning objectives.

Course learning objective

Learn how to:

- Complete the preparation phase of MOST

Module 2 Learning Objective: Create a conceptual model applying best practices

- You have learned how to:
- Define the term conceptual model
- Describe the critical role of the conceptual model in MOST
- Explain best practices for development of a conceptual model

Module 2 Learning Objective: Create a conceptual model applying best practices

- You have learned how to:
- Create the causal part of a conceptual model
- Use the causal part of a conceptual model to help identify what intervention components are needed

Module 2 Learning Objective: Create a conceptual model applying best practices

- You have learned how to:
- Select an appropriate level of granularity for intervention components
- Express moderation in conceptual models

Module 2 Learning Objective: Define the term pilot study and distinguish pilot studies from optimization trials

- You learned how to do both of these!

Module 2 Learning Objective: Specify an optimization objective to express what is meant by intervention EASE in a particular study

- You learned how to specify a variety of optimization objectives.

Congratulations! You have completed
Module 2.



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